PSY240H1 F
Introduction to Psychopathology and Clinical Science
Fall 2024 Syllabus

Course Meetings

PSY240H1 F

Section	Day & Time	Delivery Mode & Location
LEC0101	Friday, 1:00 PM - 4:00 PM	In Person: SS 2117

Refer to ACORN for the most up-to-date information about the location of the course meetings.

Instructor :
Dr. Dean Carcone, Ph.D., C.Psych

Course Email: PSY240H1@gmail.com

*** All course communication must go through this email address. It is monitored regularly, and the instructor and all TAs have access. Do NOT message the instructor or TAs through Quercus, as they will not be monitored ***

Teaching Assistants:

- Michelle Galper
- Anna Winge-Breen
- Jessica Zaffino

Office Hours: Office hours will be virtual and can be held most days. Please email the course email address to book office hours, and you will be sent a zoom link.

Course Description, Goals, and Prerequisites
This course offers a critical survey of concepts, theories, and the state of research in the area of mental disorders and therapeutic methods. The goal is to present an overview of many of the most common psychological disorders and the theories behind their occurrence. Categories of mental disorders covered in this course include: Mood Disorders, Anxiety Disorders, OCD and Related Disorders, Schizophrenia and other Psychotic Disorders, Eating Disorders, Alcohol and Substance Use Disorders, Dissociative and Somatic Disorders, Disorders of Childhood and Adolescence, and Personality Disorders. Using the DSM-5 diagnostic criteria, you will learn the core features of each disorder and the assessment methods used to determine clinical significance for these conditions. Other course goals include learning the major etiological theories, clinical and behavioral manifestations, and treatment approaches for each condition covered. We will also discuss some deeper questions about diagnostic classification, the use of artificial intelligence in mental health diagnosis and treatment, and depictions of mental illness in media.

Prerequisites: PSY100H1/ PSY100Y5/ PSYA02H3/ COG250Y1
Corequisites: None
Exclusions: PSY240H5/ PSYB32H3
Recommended Preparation: None
Credit Value: 0.5
The Department of Psychology requires that prerequisites be followed at all times. If you lack prerequisites, you may be removed from the course, especially if there are waitlists. Please see the Psychology Undergraduate Administrator for more information (Tamara Ferguson, SS 4014, psy.undergrad@utoronto.ca).

Reading Material/Textbook

Dozois, D. J. A. (2022). *Perspectives in Psychopathology* (7th Ed.). Pearson Education Canada. ** This edition of this textbook is only available as an e-book. Should you choose to use an older physical edition of the textbook, you do so at your own risk of missing testable information (though the versions are quite similar) **

Note: This textbook is essential for performance on the quiz, tests, and exam.
The textbook can be purchased from the bookstore through the following link:

https://www.uoftbookstore.com/adoption-search-results?ccid=4870386&itemid=201113

Lecture content: Classes will consist of lectures, case presentations, class discussions, and video demonstrations of mental disorder symptoms and other techniques. Lectures will cover material from the textbook with additional material added, all of which will be testable material. Any information presented at any time in lecture, in the slides or verbally, or any information included in the assigned readings is testable unless explicitly stated otherwise. Note that lectures will cover some sensitive material at times (e.g., self-injury, suicide, and violent behavior). If these topics are sensitive to you, you are free to remove yourself from the lecture at any time.

Course Evaluation/Marking Scheme

Evaluation	Description	Weight	Date/Deadline
Text Book Quiz	Quiz based on introductory textbook chapters (1-4): • Online on Quercus • Open-book • 25 multiple-choice questions • 45 minutes • ***this is not an in-class quiz. Submissions will be closed at the start of class time***	**5%**	**Open from Friday September 13th (4:00pm, end of class time) to Friday, September 20th (1:00pm, start of class time).**
Assignment 1: AI-Generated Case Vignette	Students will use ChatGPT (or some other freely available text generation AI) to create a case vignette for a disorder discussed in class, and include a reflection on the case and the use of AI in mental health. More information to be provided on Quercus.	**10%**	**October 11, 1:00pm (class time)**
Midterm	Midterm based on Lectures 1-6 • In-class midterm (see Quercus for location announcement) • Multiple-choice (~50 marks) and short answer questions (~25 marks)	**30%**	**October 18th (class time)**
Assignment 2: Mental Illness in Media	Students will select a fictional character from movies/TV/novels/comics (etc.) and write a case vignette about the character, and include a critical examination of the depiction of the disorder. More information to be provided on Quercus.	**15%**	**November 22, 1:00pm (class time)**
Final Exam	Cumulative Final Exam • Multiple-choice (~70 marks) and short-answer questions (~30 marks)	**40%**	**To-be-determined (set by the registrar).**

Note on due dates: Although the quiz and assignments are due on the dates listed, students will have ample opportunity to complete them beforehand. The quiz cannot be submitted after the due date and will therefore lead to a score of zero. Assignments will be penalized by 5% of total assignment grade per day late.

Course Schedule

Week/Date	Topic	Chapter(s)
1 – September 6, 2023	History of Mental Health Classification, Theories of Psychopathology	1, 2
2 – September 13, 2023	Diagnosis, Assessment, and Research	3, 4
3 – September 20, 2023	Mood Disorders ***Quiz Due at 1:00pm***	8
4 – September 27, 2023	Psychotic Disorders	9
5 – October 4, 2023	Childhood, Adolescent, and Neurodevelopmental Disorders (Guest Lecture by Liam Wright)	14, 15
6 – October 11, 2023	Anxiety Disorders ***Assignment 1 Due at 1:00pm***	5
7 – October 18, 2023	**In-class Midterm (lectures 1-6 inclusive, chapters 1-5, 8, 9, 14, 15)**	
8 – October 25, 2023	OCD and related disorders, Lived Experience Interview with a Person with OCD.	5
(November 1, 2023)	--- READING WEEK ---	---
9 – November 8, 2023	PTSD, Stressor-related, and Dissociative Disorders	5, 6
10 – November 15, 2023	Eating disorders	10
11 – November 22, 2023	Substance Use Disorders ***Assignment 2 Due at 1:00pm***	11
12 – November 29, 2023	Personality Disorders	12

Note on course coverage: Due to time constraints, the following chapters will NOT be covered in this course: Chapters 7 (Health Psychology), 16 (Psychology of Aging), 13 (Sexual Disorders), 18 (Community Psychology), and 19 (Psychology and the Law). You will likely encounter these topics in other courses.

Lecture Delivery
Lectures will be delivered in person at a scheduled time, from 1:00pm to 4:00pm on Fridays. Lectures will not be recorded. Students are expected to complete all assigned readings before each lecture. Please note that the lectures may be the only source of information for certain topics. The lecture slides are provided on Quercus to assist in understanding the material.

Course Webpage/Quercus Info
This Course uses the University's learning management system, Quercus, to post information about the course. This includes posting readings and other materials required to complete class activities and course assignments, as well as sharing important announcements and updates. New

information and resources will be posted regularly as we move through the term. To access the course website, go to the U of T Quercus log-in page at https://q.utoronto.ca. SPECIAL NOTE ABOUT GRADES POSTED ONLINE: Please also note that any grades posted are for your information only, so you can view and track your progress through the course. No grades are considered official, including any posted in Quercus at any point in the term, until they have been formally approved and posted on ACORN at the end of the course. Please contact the course team as soon as possible if you think there is an error in any grade posted on Quercus.

Audio and Video Recording
Do not post any course materials on third-party websites or make recordings without prior express permission from the instructor.
Please be aware that course lectures and lecture materials are the property of the course instructor. Copying lectures and/or lecture slides is for personal use only. Selling or posting recordings or slides to a third-partly website or social media platform (i.e. Facebook class page, Discord) is a violation of the instructor's intellectual property and is strictly prohibited.

Course materials are provided for the exclusive use of enrolled students. These materials should not be reposted, shared, put in the public domain, or otherwise distributed without the explicit permission of the instructor. These materials belong to your instructor, the University, and/or other sources depending on the specific facts of each situation and are protected by copyright. Students violating these policies will be subject to disciplinary actions under the Code of Student Conduct.

Office Hours, Email and Course Communication

Course Email: PSY240H1@gmail.com

*** All course communication must go through this email address. It is monitored regularly, and the instructor and all TAs have access. Do NOT message the instructor or TAs through Quercus, as they will not be monitored ***

Please feel free to 'visit' the course team during virtual office hours. These virtual meetings will be available as needed and can be booked by emailing the course email address. We will be happy to answer any question to clarify your understanding of the readings and lecture material. I also generally reserve the last few minutes of class to answer student questions. If your question pertains to one of the assignments, please book time with one of the TAs. Their office hours will be focused on helping you prepare for assignments and will be concentrated in the weeks leading up to assessments. Questions pertaining to the syllabus, course material, and assignments are best shared with the class. You should be prepared to ask these questions during class or on the Quercus discussion board. This way, all students will benefit from the reply, whether from the instructor, TAs, or your fellow students.

Email Policy
Please use email only to ask simple questions requiring a reply of 3 sentences or less. If your email requires a longer response, we may ask you to schedule a meeting or attend office hours. Please allow a minimum of 2 business days response time for emails. Please help us to respond quickly and effectively to your emails by clearly stating the topic of your email in the subject

line. Send your emails with your U of T email address. Emails not sent from a U of T account are not guaranteed an answer. Please do NOT message the instructor or TAs via Quercus, as these messages are not monitored and will not receive a reply.

Late/Sick Policy
Specific Medical Circumstances
If you become ill and it affects your ability to do your academic work, consult the instructor right away. You will normally be asked for documentation in support of your specific medical circumstances. This documentation can be an Absence Declaration (via ACORN) or the University's Verification of Student Illness or Injury (VOI) form. The VOI indicates the impact and severity of the illness, while protecting your privacy about the details of the nature of the illness. You can submit a different form (like a letter from a doctor), as long as it is an original document, and it contains the same information as the VOI. For more information on the VOI, please see http://www.illnessverification.utoronto.ca. For information on Absence Declaration Tool for A&S students, please see https://www.artsci.utoronto.ca/absence. If you get a concussion, break your hand, or suffer some other acute injury, you should register with Accessibility Services as soon as possible.

As of September 2023, students in participating divisions may use the ACORN Absence Declaration Tool to declare an absence once per academic term (e.g., the fall term) for a maximum period of seven (7) consecutive calendar days. The seven-day declaration period can be retroactive for up to six (6) days in the past, or proactive, up to six (6) days in the future. The ACORN Absence Declaration Tool **cannot** be used to seek academic consideration for any matters that requires a petition such as missing a final exam or final assessment.

For extended absences and for absences due to non-medical reasons, make sure to contact your College Registrar's Office. They can help you decide between a request for an extension or other types of academic consideration. They may be able to email the instructor directly to provide a College Registrar's letter of support and connect you with other helpful resources on campus.

Test Policy and Re-grade Requests
Missed Term Tests Policy:
Students must contact the course team within seven days of a missed evaluation, providing official documentation. If a student is absent on the date of the midterm test due to a verified illness, a serious family emergency (e.g., death of a close family member), or religious observances, the student's grade in the course will be based on a proportional re-weighting of all other course material (i.e., quiz, assignments, and final exam) to account for the missed midterm. For absences due to illness, please refer to the above Late/Sick: Specific Medical Circumstances Policy.

Term Tests Viewing and Requests for Re-grading: A test viewing will be held once the midterm test grades have been released. Requests with appropriate justification for re-grading either the test or assignments can be made within 2 weeks of either the return of the grades or the midterm viewing session. Potential outcomes include the grade remaining the same, the grade being raised, or the grade being lowered. A rubric will be used for course assignments, and you should first contact the TA who graded your assignment if you feel the mark you received does

not appropriately conform to the rubric. At the TAs discretion, they may seek secondary feedback from another TA or the instructor in cases of ambiguity. Because the final exam for this course is restricted, you must submit a formal viewing request to the Faculty of Arts and Science (http://www.artsci.utoronto.ca/current/exams/examview)

Academic Resources
Accessibility Needs:
Students with diverse learning styles and needs are welcome in this course. If you have an acute or ongoing disability issue or accommodation need, you should register with Accessibility Services (AS) at the beginning of the academic year by visiting https://studentlife.utoronto.ca/department/accessibility-services/. Without registration, you will not be able to verify your situation with your instructors, and instructors will not be advised about your accommodation needs. AS will assess your situation, develop an accommodation plan with you, and support you in requesting accommodation for your course work. Remember that the process of accommodation is private: AS will not share details of your needs or condition with any instructor, and your instructors will not reveal that you are registered with AS.

Writing:
As a student here at the University of Toronto, you are expected to write well. The university provides its students with a number of resources to help them achieve this. For more information on campus writing centres and writing courses, please visit http://www.writing.utoronto.ca/ .

Academic Integrity and Plagiarism:
All suspected cases of academic dishonesty will be investigated following procedures outlined in the Code of Behaviour on Academic Matters (https://governingcouncil.utoronto.ca/secretariat/policies/code-behaviour-academic-matters-july-1-2019). If you have questions or concerns about what constitutes appropriate academic behaviour or appropriate research and citation methods, please reach out to the course team. Note that you are expected to seek out additional information on academic integrity from us or from other institutional resources. For example, to learn more about how to cite and use source material appropriately and for other writing support, see the U of T writing support website at http://www.writing.utoronto.ca. Consult the Code of Behaviour on Academic Matters for a complete outline of the University's policy and expectations. For more information, please see A&S Student Academic Integrity (https://www.artsci.utoronto.ca/current/academic-advising-and-support/student-academic-integrity) and the University of Toronto Website on Academic Integrity (https://www.academicintegrity.utoronto.ca).

Cell Phones and Laptop Usage
Technology can support student learning, but it can also become a distraction. Research indicates that multi-tasking (texting or going online) during class time can have a negative impact on learning. Out of respect for your fellow students in this class, please refrain from using laptops or mobile phones for entertainment during class. Do not display any material on a laptop which may be distracting or offensive to your fellow students. Laptops may be used only for legitimate classroom purposes, such as taking notes, downloading course information from Quercus, or working on an assigned in-class exercise. Checking social media, email, texting, games, and other online activities are not legitimate classroom purposes. Such inappropriate laptop and

mobile phone use is distracting to those seated around you.

Departmental Guidance for Undergraduate Students in Psychology
The Department of Psychology recognizes that, as a student, you may experience disruptions to your learning that are out of your control, and that there may be circumstances when you need extra support. Accordingly, the department has provided a helpful guide to clarify your and your instructor's responsibilities when navigating these situations. This guide consolidates Arts & Science Policies for undergraduate students in one place for your convenience. As an instructor in the department, I will frequently consult with these recommendations when providing you with support, and I recommend that you also consult it to learn more about your rights and responsibilities before reaching out to me.

Mental Health and Well-being
As a student, you may experience challenges that can interfere with learning, such as strained relationships, increased anxiety, substance use, feeling down, difficulty concentrating and/or lack of motivation, financial concerns, family worries and so forth. These factors may affect your academic performance and/or reduce your ability to participate fully in daily activities. Everyone feels stressed now and then – it is a normal part of university life. Some days are better than others, and there is no wrong time to reach out. An important part of the University experience is learning how and when to ask for help. Please take the time to inform yourself of available resources, especially those that are offered with respect to mental-health support (https://studentlife.utoronto.ca/service/mental-health-clinical-services/). This course deals with many sensitive topics related to mental health, and though your instructor is a clinical psychologist and these topics will be discussed in detail from an academic perspective, neither the instructor nor TAs can ethically provide any advice or support to any student in this course. Further, nothing in this course should be considered psychological advice. Please seek appropriate support, if needed, from a qualified professional unrelated to this course.

Your mental health is important. Throughout university life, there are many experiences that can impact your mental health and well-being. As a University of Toronto student, you can access free mental health and wellbeing services at Health & Wellness (https://studentlife.utoronto.ca/department/health-wellness/) such as same day counselling, brief counselling, medical care, skill-building workshops, and drop-in peer support. You can also meet with a Wellness Navigation Advisor who can connect you with other campus and community services and support. Call the mental health clinic at 416-978-8030 ext. 5 to book an appointment or visit **https://uoft.me/mentalhealthcare** to learn about the services available to you.

You can also visit your College Registrar to learn about the resources and supports available: https://www.artsci.utoronto.ca/current/academic-advising-and-support/college-registrars-offices

If you're in distress, you can access immediate support: https://uoft.me/feelingdistressed

Other Resources
Student Life Programs and Services (http://www.studentlife.utoronto.ca/)
Academic Success Services (http://www.studentlife.utoronto.ca/asc)

Counselling and Psychological Services (http://www.studentlife.utoronto.ca/hwc)
Community Safety Office (http://www.communitysafety.utoronto.ca/about-us.htm)
Family Care Office (https://familycare.utoronto.ca/)
First Nations House (http://www.studentlife.utoronto.ca/fnh)

Plagiarism Detection
Normally, students will be required to submit their course essays to the University's plagiarism detection tool for a review of textual similarity and detection of possible plagiarism. In doing so, students will allow their essays to be included as source documents in the tool's reference database, where they will be used solely for the purpose of detecting plagiarism. The terms that apply to the University's use of this tool are described on the Centre for Teaching Support & Innovation web site (https://uoft.me/pdt-faq).

Policy on Generative AI
The technological capability of generative AI has rapidly expanded in the past few years. In an effort to integrate this technology into this course, students will be permitted and encouraged to use generative ai (such as ChatGPT) for select elements of select assignments. The components of these assignments where generative AI is to be used will be clearly outlined in the assignment instructions. Any use of generative AI for any other evaluative component of this course outside the narrowly defined area in select assignments will be considered an act of academic dishonesty. Students are encouraged to save outlines and drafts of their written work so should a case arise where an academic offensive is suspected, there will be no ambiguity surrounding whether a student/which student created the work. Students *are* strongly encouraged to make use of generative AI as a study tool and to facilitate practice working with course concepts (e.g., "generate a list of 20 challenging multiple choice questions for a second year psychopathology course", "propose five mnemonic devices for remembering the diagnostic criteria for PTSD"), but students should recall that information generated many not be correct or consistent with course content.

Religious Accommodation
As a student at the University of Toronto, you are part of a diverse community that welcomes and includes students and faculty from a wide range of cultural and religious traditions. For my part, I will make every reasonable effort to avoid scheduling tests, examinations, or other compulsory activities on religious holy days not captured by statutory holidays. Further to University Policy, if you anticipate being absent from class or missing a major course activity (such as a test or in-class assignment) due to a religious observance, please let me know as early in the course as possible, and with sufficient notice (at least two to three weeks), so that we can work together to make alternate arrangements.