

# PSY100H1S: Introductory Psychology

---

## Winter 2025 Syllabus

### Course Meetings

Day & Time	Delivery Mode & Location
Monday, 6 – 9 pm	In Person: OI G162

Refer to ACORN for the most up-to-date information about the location of the course meetings.

### Course Contacts

**Instructor:** Dr. Paul Whissell

**Email:** [paul.whissell@utoronto.ca](mailto:paul.whissell@utoronto.ca)

**Office Hours and Location:** Mondays, 4 – 6 pm in SS4042

**Teaching Assistants:** Mengyao Yang and Ann Zhang

### Course Overview

A brief introductory survey of psychology as both a biological and social science. Topics will include physiological, learning, perceptual, motivational, cognitive, developmental, personality, abnormal, and social psychology.

### Course Learning Outcomes

**Prerequisites:** None

**Corequisites:** None

**Exclusions:** PSY100Y5/PSYA01Y3/(PSYA01H3 + PSYA02H3)

**Recommended Preparation:** None

**Credit Value:** 0.5

### Course Materials

**Recommended Textbook (optional, not required):** *Discovering Psychology: The Science of Mind*. 1<sup>st</sup> Canadian edition. 2020. Cacioppo, J.T., Freberg, L. A. and Waggoner Denton, A. Nelson Cengage Adapted. ISBN: 9780176877262.

## Marking Scheme

Assessment	Percent	Details	Due Date
Term Test 1	25%	Based on Lectures 1 – 4, 2 hours, majority multiple choice questions with a written answer question	Feb 3
Term Test 2	25%	Based on Lectures 5 – 8, 2 hours, majority multiple choice questions with a written answer question	Mar 17
Participation in the SONA program	4%	Provided in Week 2 (Jan 13)	Throughout term
In-Person Final Exam	46%	Lectures 1 – 10, Format TBA	April 9 – 30

## Course Schedule

Date	Activity	Optional Chapter Readings
Jan 6	Lecture 01: Introduction to Psychology	1
<b>Jan 13</b>	Lecture 02: Research Methods in Psychology + <b>SONA presentation</b>	2
Jan 20	Lecture 03: Biological Psychology	3 + 4
Jan 27	Lecture 04: Sensation, Perception and Consciousness	5 + 6
<b>Feb 3</b>	<b>TERM TEST 1 (LECTURES 1 – 4)</b>	
Feb 10	Lecture 05: Learning and Memory	8 + 9
Feb 17	Study Week, no activities	
Feb 24	Lecture 06: Intelligence and Language	10
Mar 3	Lecture 07: Emotion, Motivation and Personality	7 + 12
Mar 10	Lecture 08: Developmental Psychology	11
<b>Mar 17</b>	<b>TERM TEST 2 (LECTURES 5 – 8)</b>	
Mar 24	Lecture 09: Mental Health Disorders	14, 15
Mar 31	Lecture 10: Social Psychology and Decision-Making	13
<b>Final Exam Period (Apr 9 – 30)</b>	<b>FINAL EXAM (LECTURES 1 – 10, Cumulative)</b>	

## **Policies & Statements**

### **Course Materials, including lecture notes**

Course materials are provided for the exclusive use of enrolled students. These materials should not be reposted, shared, put in the public domain, or otherwise distributed without the explicit permission of the instructor. These materials belong to your instructor, the University, and/or other sources depending on the specific facts of each situation and are protected by copyright. Students violating these policies will be subject to disciplinary actions under the Code of Student Conduct.

### **Video Recording and Sharing (Download and Re-use Prohibited)**

This course, including your participation, will be recorded on video and will be available to students in the course for viewing remotely and after each session.

Course videos and materials belong to your instructor, the University, and/or other sources depending on the specific facts of each situation and are protected by copyright. Do not download, copy, or share any course or student materials or videos without the explicit permission of the instructor.

For questions about the recording and use of videos in which you appear, please contact your instructor.

### **Religious Accommodations**

As a student at the University of Toronto, you are part of a diverse community that welcomes and includes students and faculty from a wide range of cultural and religious traditions. For my part, I will make every reasonable effort to avoid scheduling tests, examinations, or other compulsory activities on religious holy days not captured by statutory holidays. Further to University Policy, if you anticipate being absent from class or missing a major course activity (such as a test or in-class assignment) due to a religious observance, please let me know as early in the course as possible, and with sufficient notice (at least two to three weeks), so that we can work together to make alternate arrangements.

### **Students with Disabilities or Accommodation Requirements**

Students with diverse learning styles and needs are welcome in this course. If you have an acute or ongoing disability issue or accommodation need, you should register with Accessibility Services (AS) at the beginning of the academic year by visiting <https://studentlife.utoronto.ca/departments/accessibility-services/>. Without registration, you will not be able to verify your situation with your instructors, and instructors will not be advised about your accommodation needs. AS will assess your situation, develop an accommodation plan with you, and support you in requesting accommodation for your course work. Remember that the process of accommodation is private: AS will not share details of your needs or condition with any instructor, and your instructors will not reveal that you are registered with AS.

### **Specific Medical Circumstances**

If you become ill and it affects your ability to do your academic work, consult me right away. Normally, I will ask you for documentation in support of your specific medical circumstances. This documentation can be an Absence Declaration (via ACORN) or the University's Verification of Student Illness or Injury (VOI) form. The VOI indicates the impact and severity of the illness, while protecting your privacy about the details of the nature of the illness. If you cannot submit a VOI due to limits on terms of use, you can submit a different form (like a letter from a doctor), as long as it is an original document, and it contains the same information as the VOI (including dates, academic impact, practitioner's signature, phone and registration number). For more information on the VOI, please see <http://www.illnessverification.utoronto.ca>. For information on Absence Declaration Tool for A&S students, please see <https://www.artsci.utoronto.ca/absence>. If you get a concussion, break your hand, or suffer some other acute injury, you should register with Accessibility Services as soon as possible.

### **Make-Up Quizzes/Tests**

If you miss a term test for any reason (e.g. Specific Medical Circumstances), please contact me as soon as possible. According to the formal Arts & Science policy, you have a maximum of 1 week to get in touch about a missed test. Each situation will be handled on a case-by-case basis.

**If you miss a single term test (e.g. test 1) due to exceptional circumstances, you will be given an automatic grade reweight** wherein the proportion of your grade allocated to the missed test (e.g. 25% for test 1) will be reallocated to your other tests (e.g. 37.5% for test 2 and 58.5% for the final exam).

**If you miss BOTH term tests (i.e. test 1 AND test 2) due to exceptional circumstances, you must attend a make-up test.** The date of this test will be announced after test 2. The make-up test will be similar in format to test 2. The weight of the make-up test will be 37.5% and the weight of the final exam will be 58.5%.

**If you miss the formal final exam, you must write a deferred final exam at a later date.** The deferred final exam will be similar in format to the missed final exam. To be eligible for a deferred exam, you will need to file a petition with your College RO immediately following missing the exam.

### **Re-marking Policy - Timeline and Protocol**

Inquiries must be made within two weeks of the returned grade. A regrade of your assessment may increase your grade, have no effect or decrease your grade (e.g. if an adding error is discovered during the re-evaluation). Please let us know if we can help you.

### **Academic Integrity**

All suspected cases of academic dishonesty will be investigated following procedures outlined in the [Code of Behaviour on Academic Matters](https://governingcouncil.utoronto.ca/secretariat/policies/code-behaviour-academic-matters-july-1-2019) (<https://governingcouncil.utoronto.ca/secretariat/policies/code-behaviour-academic-matters-july-1-2019>). If you have questions or concerns about what constitutes appropriate academic behaviour or appropriate research and citation methods, please reach out to me. Note that you are expected to seek out additional information on academic integrity from me or from other

institutional resources. For example, to learn more about how to cite and use source material appropriately and for other writing support, see the U of T writing support website at <http://www.writing.utoronto.ca>. Consult the Code of Behaviour on Academic Matters for a complete outline of the University's policy and expectations. For more information, please see [A&S Student Academic Integrity \(https://www.artsci.utoronto.ca/current/academic-advising-and-support/student-academic-integrity\)](https://www.artsci.utoronto.ca/current/academic-advising-and-support/student-academic-integrity) and the [University of Toronto Website on Academic Integrity \(https://www.academicintegrity.utoronto.ca\)](https://www.academicintegrity.utoronto.ca).

### **Departmental Guidance for Undergraduate Students in Psychology**

The Department of Psychology recognizes that, as a student, you may experience disruptions to your learning that are out of your control, and that there may be circumstances when you need extra support. Accordingly, the department has provided a helpful guide to clarify your and your instructor's responsibilities when navigating these situations. This guide consolidates Arts & Science Policies for undergraduate students in one place for your convenience. As an instructor in the department, I will frequently consult with these recommendations when providing you with support, and I recommend that you also consult it to learn more about your rights and responsibilities before reaching out to me. <https://psych.utoronto.ca/current-program-students/guidance-undergraduate-students-psychology>